

HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes

January 3, 2017

9-10:30am

7300 Calhoun Place, Room 6C, Rockville, MD

In Attendance: David Denton, Judy Peres, Hileia Seeger

Staff: Tina Purser Langley

Guests: Marcia Weber, Dr. Alan Kaplan

Topic	Discussion Points	Decisions/follow-up
1. Welcome and Introductions	1. Additional committee members needed.	1. Community partners and new Commissioners to be recruited this year.
2. Assign Note taker	2. Tina Langley and David Denton agreed to share notes and prepare minutes for this meeting.	2. Will continue asking for volunteers to record meeting minutes. Goal is to rotate responsibility each meeting.
3. Age Friendly Montgomery: Senior Agenda Objectives	3. <u>Support and alignment from CoA and Committees</u> <ul style="list-style-type: none">a) Aging in Place/Community & Planning Committeeb) Health Planning, Services & Community Supports Committeec) Communications & Community Outreach Committeed) Public Policy Committee	3. <ul style="list-style-type: none">a. Hileia Seeger is Co-chairing the Aging-in-Place Committee with Jay Kenney.b. Tina Langley, Odile Brunetto, and Phil Smakula, Montgomery County Department of Recreation, are serving on the Health & Wellness Committee.
4. FY 2018 CoA ranking of priorities	4. <u>FY 2018 CoA ranking of priorities</u> <ul style="list-style-type: none">a) Additional APS and Public Guardian Staffb) Funding for additional small group homes with escorted transportation subsidies	

<p>5. 2016 Health and Wellness Committee Initiatives/Interests</p>	<p>c) Senior Center Plus resources – Rec. Dept.</p> <p>5.</p> <ul style="list-style-type: none"> a. Continuation of Dental Summer Study <ul style="list-style-type: none"> • Provide input on development of new Maryland Oral Health Plan. • Support legislation to expand dental hygienists services into assisted living facilities and nursing homes. Potential Partners: Maryland Dental Action Coalition (HB 100 Law). • Provide the Montgomery County Executive and the Montgomery County Council with a copy of the Commission on Aging’s Expanding and Enhancing Dental Health Services for Older Adults in Montgomery County final report and recommendations. • Advocate for funding to be included in the State budget for Medicaid coverage of dental services for adults. Potential Partners: Maryland Dental Action Coalition, state/ other county Commissions on Aging, Montgomery County delegation, United Seniors of Maryland, Anne Arundel Oral Health Task Force and others. • Note: NACO 15% discount dental program launch MoCo Jan. 12th 	<p>4.</p> <ul style="list-style-type: none"> c. Montgomery County Department of Recreation is preparing a 3-year strategic plan for Senior Center Plus. <p>5.</p> <ul style="list-style-type: none"> a. Robyn Elliot, Maryland Dental Action Coalition, and Blake, intern working in Tina Langley’s office, will be asked to join us for the February meeting. <p>Tina Langley suggested we seek to engage the County Dental Association in helping to educate dentists and medical doctors on the issues at hand.</p> <p>Speak with Mary Anderson, County Public Information Office, to determine if a NACO discount dental program PR plan is being considered.</p>
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<p>6. 2017 Committee Priorities</p> <p>7. Announcements</p> <p>8. Other Business/Next Meeting</p>	<p>b. Dementia Friendly America, Montgomery County Initiative</p> <ul style="list-style-type: none"> Public launch event with Mr. Leggett - Monday December 5, 2016 http://www.aarp.org/livable-communities/network-age-friendly-communities/info-2016/dementia-friendly-communities.html <p>c. NEXUS Montgomery – WISH (Wellness & Independence for Seniors at Home)</p> <p>6. Support and Advocacy</p> <ul style="list-style-type: none"> a. Continuation of Dental Summer Study efforts b. Montgomery County DFAi c. NEXUS Montgomery, WISH population health targeting at-risk seniors living in community. Connecting seniors to community resources with health coaches - promote successful aging in community. d. End of Life Coalition/hospice e. Senior Center Plus programs <p>7. Stakeholder’s Meeting: March 29th, 8:30am-12:30pm, Silver Spring Civic Center</p> <p>8. Next Meeting: February 7, 2017. 9:00am – 10:30am</p>	<p>6.</p> <p>c. Tina Langley reported on the Home Meds grant and there are currently 10 people being served. JCA also has a medication management program. “Stepping On” falls prevention program was also discussed.</p> <p>d. Tina Langley and Judy Peres are actively involved in the End of Life Coalition. Meetings are the 3rd Tuesday of the month. Focus on Advanced Care Planning and Advocacy Education.</p> <p>8. Suggestion - invite representatives from NEXUS Montgomery to speak at the February Health & Wellness Committee meeting.</p>
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